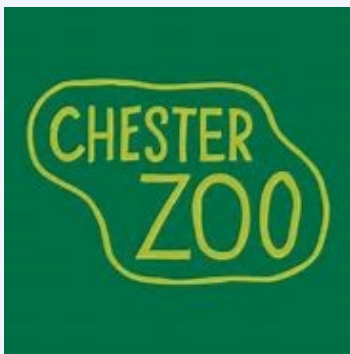


# ChAPS

*Summer Holiday Activities 2024*





## ChAPS Summer Activities 2024 Timetable

Date:	Activity:	Location:	Age Group:
Tuesday 30 <sup>th</sup> July, 11am-12.30pm	Despicable Me 4 Relaxed Screening	Chester Storyhouse, CH1 2AR	Everyone, including siblings and Adults!
Wednesday 31 <sup>st</sup> July, 12-1.30pm	Adults' Meet Warrington	Saint Paul's Church, WA5 2RX	18+
Wednesday 31 <sup>st</sup> July, 6.30-7.30pm	Laser Quest	Warrington Quasar, WA2 7HW  Or transport from ChAPS Autism Ark at 5.45pm	18+
Thursday 1 <sup>st</sup> August, 7.15-8.15pm	Pool Party at Marbury Park	Marbury Country Park, Northwich, CW9 6AT	Everyone, including siblings and Adults!
Saturday 3 <sup>rd</sup> August, 2-4pm	Football Party	Goals Chester, CH1 4LT	7-13 years old
Saturday 3 <sup>rd</sup> August, 4.30-5.30pm	Northwich Swim Session	Northwich Memorial Court, CW9 5QJ	Everyone, including siblings and Adults!
Monday 5 <sup>th</sup> August, 5-6pm	Sand Art	St Mary's Handbridge Centre, CH4 7HL	5-16 years old
Monday 5 <sup>th</sup> August, 4-6pm	Wild Tots	Wild Tots, Northwich, CW9 5DD	0-13 years old
Monday 5 <sup>th</sup> August, 6-7pm	Laser Quest	Warrington Quasar, WA2 7HW	14-18 years old
Monday 5 <sup>th</sup> August, 7.30-9pm	Spectrum Connect Winsford	Winsford Youth and Community Forum, CW7 2HG	18+
Tuesday 6 <sup>th</sup> August, 6-7pm	Sand Art	Theatre Porto, Ellesmere Port, CH65 6QY	5- 16 years old
Wednesday 7 <sup>th</sup> August, 10.30-11.15am	Home Ed Animal Therapy	Freedom Equine, CH2 4JT	4-18 years old
Wednesday 7 <sup>th</sup> August, 12-1.30pm	Adults' Meet Runcorn	Old Police Station, WA7 1DF	18+
Thursday 8 <sup>th</sup> August, 6-7pm	Mini Golf	Paradise Island Adventure Golf, Ellesmere Port, CH65 9HD	13-18 years old
Friday 9 <sup>th</sup> August, 10.30am-5pm	Gulliver's World	Gulliver's World, Warrington, WA5 9YZ	Everyone, including siblings!
Friday 9 <sup>th</sup> August, 11am-1pm	Parents' of Adults Meet	Kilton Inn, WA16 0PZ	Parents

<b>Date:</b>	<b>Activity:</b>	<b>Location:</b>	<b>Age Group:</b>
Saturday 10 <sup>th</sup> August, 10-11am	Pilates with Adele	Tarporley Community Centre, CW6 0AY	Parents
Saturday 10 <sup>th</sup> August, 3.30-4.30pm	Multi Sports	Ellesmere Port Sports Village, CH65 9LB	Families, including siblings!
Saturday 10 <sup>th</sup> August, 4.45-5.45pm	Ellesmere Port Swim Session	Ellesmere Port Sports Village, CH65 9LB	Everyone, including siblings and Adults!
Sunday 11 <sup>th</sup> August, 12.30-1.15pm or 1.30-2.15pm	Anti-Gravity Yoga	Widnes Martial Arts Centre, WA8 0GZ	6-18 years old
Monday 12 <sup>th</sup> August, 4.30-5.30pm	Circus Skills	St Mary's Handbridge Centre, CH4 7HL	Families, including siblings!
Wednesday 14 <sup>th</sup> August, 12-1.30pm	Adults' Meet Warrington	Saint Paul's Church, WA5 2RX	18+
Wednesday 14 <sup>th</sup> August, 1.30-3pm	Sand Art	ChAPS Autism Ark, CW8 1BE	5-16 years old
Wednesday 14 <sup>th</sup> August, 6.30-7.30pm	Climbing Club	North West Face Climbing Centre, WA2 7NE	7-17 years old
Friday 16 <sup>th</sup> August, 9-10am	Wild Tots	Wild Tots, Northwich, CW9 5DD	0-13 years old
Saturday 17 <sup>th</sup> August, 4.45-5.45pm	Runcorn Swim Session	Beechwood Community Centre, WA7 2PZ	Everyone, including siblings and Adults!
Sunday 18 <sup>th</sup> August, 12.30-4.30pm	Animal Therapy	Freedom Equine, CH2 4JT	4-18 years old
Monday 19 <sup>th</sup> August, 1-2.30pm	Crafty Club	ChAPS Autism Ark, CW8 1BE	18+ Adults and Parents
Monday 19 <sup>th</sup> August, 4.30-6pm	Mindfulness Movement	St Mary's Handbridge Centre, CH4 7HL	Families, including Parents and Siblings!
Monday 19 <sup>th</sup> August, 7-9pm	Adults' Members' Meal	The Kingfisher Pub, Northwich, CW9 8UW	18+
Tuesday 20 <sup>th</sup> August, 6-7.30pm	Mindfulness Movement	Theatre Porto, Ellesmere Port, CH65 6QY	Families, including Parents and Siblings!
Wednesday 21 <sup>st</sup> August, 12-1.30pm	Adults' Meet Runcorn	Old Police Station, WA7 1DF	18+
Wednesday 21 <sup>st</sup> August, 3-4pm	Aqua Park	Delamere Wild Shore, Northwich, CW8 2JL	8-19 years old
Wednesday 21 <sup>st</sup> August, 6-7.30pm	Mindfulness Movement	ChAPS Autism Ark, CW8 1BE	Families, including Parents and Siblings!
Thursday 22 <sup>nd</sup> August, 7.20-9pm	Breakout Chester Escape Room	Breakout Chester, CH1 1NN	18+
Friday 23 <sup>rd</sup> August, 11.45am-1pm	Parents' and Adults' Walk at Delamere Forest	Delamere Forest, CW8 2HZ	18 + Adults and Parents

Date:	Activity:	Location:	Age Group:
Saturday 24 <sup>th</sup> August, 10am-12.30pm	My Time Chester (including Mindfulness and Sound Bath)	St Mary's Handbridge Centre, CH4 7HL	Parent Carers
Saturday 24 <sup>th</sup> August, 3.30-4.30pm	Multi Sports	Ellesmere Port Sports Village, CH65 9LB	Families, including siblings!
Saturday 24 <sup>th</sup> August, 4.45-5.45pm	Ellesmere Port Swim Session	Ellesmere Port Sports Village, CH65 9LB	Everyone, including siblings and Adults!
Wednesday 28 <sup>th</sup> August, 12-1.30pm	Adults' Meet Warrington	Saint Paul's Church, WA5 2RX	18+
Wednesday 28 <sup>th</sup> August, 5-6pm or 6-7pm	Urban Air Trampoline Park	Unit 9 Navigation Park, Winsford, CW7 3RL	0-18 years old
Wednesday 28 <sup>th</sup> August, 6.30-7.30pm	Climbing Club	North West Face Climbing Centre, WA2 7NE	7-17 years old
Friday 30 <sup>th</sup> August, 10am-5pm	Chester Zoo	Chester Zoo, CH2 1EU	Everyone, including siblings and Adults!

August 2024

# Activity Links



## Activities for Autistic Children

These activities are for autistic children only  
(Activities listed in alphabetical order by location/town)

### BRIDGE TRAFFORD:

Animal Therapy (4-18 years old)

- Sunday 18<sup>th</sup> August, 12.30-4.30pm at Freedom Equine, CH2 4JT

Home Education Animal Therapy (4-18 years old)

- Wednesday 7<sup>th</sup> August, 10.30-11.15am at Freedom Equine, CH2 4JT

### CHESTER:

Football Party (7-13 years old)

- Saturday 3<sup>rd</sup> August, 2-4.30pm at Goals Chester, Bumpers Lane, CH1 4LT

Sand Art (5-16 years old)

- Monday 5<sup>th</sup> August, 5-6pm at St Mary's Handbridge Centre, CH4 7HL

### ELLESMERE PORT:

Mini Golf (13-18 years old)

- Thursday 8<sup>th</sup> August, 6-7pm at Paradise Island Adventure Golf, CH65 9HD

Sand Art (5-16 years old)

- Tuesday 6<sup>th</sup> August, 6-7pm at Theatre Porto, CH65 6QY

## **NORTHWICH:**

### Aqua Park at Delamere Wild Shore (8-19 years old)

- Wednesday 21<sup>st</sup> August, 3-4pm at Delamere Wild Shore, CW8 2JL

### Sand Art (5-16 years old)

- Wednesday 14<sup>th</sup> August, 1.30-3pm at ChAPS Autism Ark, CW8 1BE

### Wild Tots (0-13 years old)

- Monday 5<sup>th</sup> August, 4-6pm at Wild Tots, CW9 5DD
- Friday 16<sup>th</sup> August, 9-10am at Wild Tots, CW9 5DD

## **WARRINGTON:**

### Climbing Club (7-17 years old)

- Wednesday 14<sup>th</sup> August, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE
- Wednesday 28<sup>th</sup> August, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE

### Laser Quest (13-18 years old)

- Monday 5<sup>th</sup> August, 6-7pm at Warrington Quasar, WA2 7HW

## **WIDNES:**

### Anti-Gravity Yoga (6-18 years old)

- Sunday 11<sup>th</sup> August, 12.30-1.15pm or 1.30-2.15pm at Martial Arts Centre, WA8 0GZ

## Activities for Families

These activities are for the whole family, including siblings.

(Activities listed in alphabetical order by location/town)

### **CHESTER:**

#### Chester Zoo

- Friday 30<sup>th</sup> August, 10am-5pm at Chester Zoo, CH2 1EU

#### Circus Skills

- Monday 12<sup>th</sup> August, 4.30-5.30pm at St Mary's Handbridge Centre, CH4 7HL

#### Despicable Me 4 Relaxed Screening

- Tuesday 30<sup>th</sup> July, 11am-12.30pm at Chester Storyhouse, CH1 2AR

#### Family Mindfulness Movement

- Monday 19<sup>th</sup> August, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

### **ELLESMERE PORT:**

#### Family Mindfulness Movement

- Tuesday 20<sup>th</sup> August, 6-7.30pm at Theatre Porto, CH65 6QY

#### Multi Sports

- Saturday 10<sup>th</sup> August, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB
- Saturday 24<sup>th</sup> August, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB

#### Swim Session

- Saturday 10<sup>th</sup> August, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB
- Saturday 24<sup>th</sup> August, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB

### **NORTHWICH:**

#### Family Mindfulness Movement

- Wednesday 21<sup>st</sup> August, 6-7.30pm at ChAPS Autism Ark, CW8 1BE

#### Pool Party at Marbury Country Park

- Thursday 1<sup>st</sup> August, 7.15-8.15pm at Marbury Country Park, CW9 6AT

- 
- Thursday 1<sup>st</sup> August, 7.15-8.15pm at Marbury Country Park, CW9 6AT

### Swim Session

- Saturday 3<sup>rd</sup> August, 4.30-5.30pm at Memorial Court Northwich, CW9 5QJ

### **RUNCORN:**

#### Swim Session

- Saturday 17<sup>th</sup> August, 4.45-5.45pm at Beechwood Community Centre, WA7 2PZ

### **WARRINGTON:**

#### Gulliver's World

- Friday 9<sup>th</sup> August, 10.30am-5pm at Gulliver's World, WA5 9YZ

### **WINSFORD:**

#### Urban Air Trampoline Park

- Wednesday 28<sup>th</sup> August at Urban Air Trampoline Park, CW7 3RL  
5-6pm (under 10 years old)  
  
6-7pm (11-18 years old)



## Activities for Parents/Carers

(Activities listed in alphabetical order by location/town)

### **CHESTER:**

#### My Time

- Saturday 24<sup>th</sup> August, 10am-12.30pm at St Mary's Handbridge Centre, CH4 7HL

### **KNUTSFORD:**

#### Parents' of Adults Meet

- Friday 9<sup>th</sup> August, 11am-1pm, at Kilton Inn, WA16 0PZ

### **NORTHWICH:**

#### Crafty Club

- Monday 19<sup>th</sup> August, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

#### Parents' and Adults' Walk at Delamere Forest

- Friday 23<sup>rd</sup> August, 11.45am-1pm at Delamere Forest, CW8 2HZ

### **TARPORLEY:**

#### Pilates with Adele

- Saturday 10<sup>th</sup> August, 10-11am at Tarporley Community Centre, CW6 0AY

## Activities for Autistic Adults

(Activities listed in alphabetical order by location/town)

### **CHESTER:**

#### Breakout Escape Rooms

- Thursday 22<sup>nd</sup> August, 7.20-9pm at Breakout Chester, CH1 1NN

#### Chester Zoo

- Friday 30<sup>th</sup> August, 10am-5pm at Chester Zoo, CH2 1EU

### **NORTHWICH:**

#### Adult Members' Meal

- Monday 19<sup>th</sup> August, 7-8.30pm at The Kingfisher Pub, Northwich, CW9 8UW

#### Crafty Club

- Monday 19<sup>th</sup> August, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

#### Parents' and Adults' Walk at Delamere Forest

- Friday 23<sup>rd</sup> August, 11.45am-1pm at Delamere Forest, CW8 2HZ

### **RUNCORN:**

#### Adults' Meet Runcorn

- Wednesday 7<sup>th</sup> August, 12-1.30pm at Old Police Station, WA7 1DF
- Wednesday 21<sup>st</sup> August, 12-1.30pm at Old Police Station, WA7 1DF

### **WARRINGTON:**

#### Adults' Meet Warrington

- Wednesday 14<sup>th</sup> August, 12-1.30pm at Saint Paul's Church, WA5 2RX
- Wednesday 28<sup>th</sup> August, 12-1.30pm at Saint Paul's Church, WA5 2RX

#### Laser Quest (14-18 years old)

- Wednesday 31<sup>st</sup> July, 6.30-7.30pm at Warrington Quasar, WA2 7HW

## **WINSFORD:**

### Spectrum Connect Winsford

- Monday 5<sup>th</sup> August, 7.30-9pm at Winsford Youth and Community Forum, CW7 2HG

## **ONLINE SESSIONS:**

### Adult Mental Health Support Group

- Wednesday 7<sup>th</sup> August, 5.45-6.45pm
- Wednesday 14<sup>th</sup> August, 5.45-6.45pm
- Wednesday 21<sup>st</sup> August, 5.45-6.45pm
- Wednesday 28<sup>th</sup> August, 5.45-6.45pm

August 2024

# Need More Help?



To make initial contact with staff, please use [info@cheshireautism.org.uk](mailto:info@cheshireautism.org.uk) and your email will be forwarded to the relevant person.

Ruth/ Jo - Admin Staff

For Attention Cards, Gift Aid, Child Registration Forms and everything else admin

T: 03448508607



Lisa - Admin Staff, Café & Support Worker

For Advice, Signposting and Support, Café and everything else admin

T: 03448508607



Caron - Support Worker

For Advice, Signposting & Support

Carey - Lead Adult Activity Worker

T: 07462 887815



Chloe - Activities and Fundraising Manager

For Activities, Room Bookings at The Ark and Fundraising

T: 07491 001360



Graham - Head of Service

For Safeguarding, Strategic Planning, Governance, Funding and Operational Management



**Please note** we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from ChAPS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to **opt out** from receiving this Newsletter should reply to this email with unsubscribe as the message subject.

